



Sacramento Street Fact Sheet

Revised: February 3, 2020

The Ark of Refuge, Inc

500 W Capitol Mall

Sacramento CA 95814

Toll-Free: +1(866)-676-0040

Email: Support@TheArkofRefuge.org

www.TheArkofRefuge.org

Hours of Operation:

Monday, Tuesday, Thursday and Friday

9:00 AM – 12:00 PM & 1:00 PM – 3:00 PM



CITY OF SACRAMENTO COMMUNITY RESOURCES

The Ark of Refuge, Inc
500 W Capitol Mall
Sacramento CA 95814

Direct Services:

Monday, Tuesday, Thursday and Friday 9:00 AM – 12:00 PM

Doors open exactly at 9:00 AM, please do not line up before 8:45 AM
Numbers are handed out lottery style so arriving early will not guarantee service.

DMV Voucher for CA-ID:

Please bring documentation with your name on it showing you are currently receiving government benefits (i.e. EBT card, MediCal card, Notice of Action/DHA printout, Social Security award letter) to be eligible for a reduced fee voucher.

Bus Pass:

One bus pass is given every seven days for verifiable medical, dental, or court appointments. Verifiable meaning a written, email, text or voicemail confirmation of the appointment.

Hygiene Kits:

Essential toiletry items are available upon request during normal hours of operation.

Clothing Donation Center:

Must have a Valid ID to enter. Can take up to 15 items per visit, limited to 6 visits in a 6-month period. Open Mon/Tues/Thurs/Fri from 9:00 AM – 12:00 PM.

Special Advocates:

- Veterans' Advocate on site Thursdays from 9:00 AM – 11 AM.



CITY OF SACRAMENTO COMMUNITY RESOURCES
SOUP KITCHENS

St. Philomenes

Ph:916-481-6757

Address: 2428 Bell St., Sacramento CA

Meals are served in the school gym at 2320 El Camino Ave. on Tues 6P.M.- 7P.M.

Williams Memorial Cogic:

Ph:916-455-9201 4495

Address: ML King Jr. Blvd.

Food give-away every other Fri 11A.M.

St. Vincente de Paul:

Ph:916-781-3303 503

Address: Giuseppe Court, Suite 8, Sacramento CA

Mon-Fri 9AM.-3PM.

Union Gospel Mission:

Ph: 916-447-3268

Address: 400 Bannon St. (North B St. at 12th) Sacramento CA

Chapel service nightly at 7:30PM. attendance is required to receive dinner at 8:30P.M. (Chapel service on Sun at 11A.M., lunch at 12P.M.)

Glory Bound Ministries:

Ph: 916-452-7078

Address:4527 Parker Ave. Sacramento CA

Meals provided on Sun at 10A.M.-5P.M. & Fri at 6P.M.

Loaves and Fishes:

Ph: 916-446-0874

Address:1321 N. C. St Sacramento CA

Meals provided Mon-Fri 11:30A.M.-1P.M., Sat & Sun 11AM.-12:30P.M. (Tickets 7A.M.-12:30PM. at Friendship Park)



CITY OF SACRAMENTO COMMUNITY RESOURCES
DAY SHELTER / HOSPITALITY CENTERS

Francis House Center (NEXT MOVE HOMELESS SERVICES)

1422 C Street Sacramento CA

PH: (916) 443-2646

Days of Operation: Monday, Tuesday, Thursday and Friday

Hours of Operation: 9:00 AM – 12:00 PM and 1:00 PM – 3:00 PM

- **Job Development Center (JDC):**

The JDC provides one-on-one assistance with resume and cover letter development and internet job searching. Clients also receive access to computer, printer, fax, scan and local phone as well as information on employment fairs. To use the JDC you must provide some basic information and attend an orientation on your first visit.

- **Diversion Program:**

This program provides assistance with utilities, first month's rent, or eviction avoidance to low income families. We may be able to assist you with your PG&E or SMUD bill if you have a 15-day, 48 hour or FINAL notice. In order to qualify for eviction avoidance, you must have a 3-Day Notice to Pay or Quit.

- **EyeGlass Voucher Program:**

Low income and homeless individuals are eligible to receive one free pair of eyeglasses per year. You must be able to provide: A recent eyeglass prescription from the last 12 months, Your pupillary distance measurement, Proof of income.

- **Homeless Verification and Birth Certificate Affidavits for Homeless Individuals:**

Francis House Center will only verify homelessness if you have received services from them in the past 6 months, and if we have verification of your homelessness on file through our own records.



CITY OF SACRAMENTO COMMUNITY RESOURCES
DAY SHELTER / HOSPITALITY CENTERS (CONT.)

Friendship Park (Loaves and Fishes):

Ph: 916-443-7378

Address: North C St., Sacramento CA

- A private park providing activities, information, restroom facilities, & etc.

Maryhouse:

Ph: 916-446-4961

Address: 1321 N. C St., Sacramento CA

- A daytime shelter for women and children.

Wind Youth Services:

Ph: 916-504-3313

Address: 815 S St., Sacramento CA

- Daytime shelter for youth.

Wellspring Women's Center:

Ph: 916-454-9688

Address: 3414 4TH Ave., Sacramento CA

- Drop in hospitality center for women and children. Nutritious breakfast and light lunch is served Monday through Friday from 7:30 - 11:30 A.M.

Midtown HART Respite Center

Address: 2620 Capitol Ave, Sacramento CA

- Open EVERY FRIDAY from 9:00am – 12:00pm. A place to warm up, get coffee, and charge your phone.



CITY OF SACRAMENTO COMMUNITY RESOURCES
VETERAN SHELTERS

Salvation Army Shelter:

12th & N. B St. Sacramento, CA

PH: 916-442-0331 General Office 916-678-4010

1PM BED SIGN UP (Women and Men ONLY)

- Lodging and meals for homeless single veterans (men and women), for 30 days, including a support system of multiple resources and specialized programs. Offers job development, computer training, employment counseling, referral to mental health services, recreational activities, referral to substance abuse counseling, Alcoholics Anonymous, alternative housing, spiritual counseling, chapel services, and bible studies. Case management, counseling, and referral services are provided for other needs. TB tests required. Free TB tests given by Mercy Clinic - Loaves & Fishes.

Sacramento Recovery and Detox Center :

2801 Aramon Dr, Rancho Cordova, CA

PH: 916.364.7660

(Women and Men ONLY)

- 12 bed , 6 day, residential detox center for Veterans. Referrals can be made by calling or visiting a VA Hospital and calling from there. Meals, shower and lodging provided . While in detox the client is not allowed to leave the facility or have cell phone usage.



CITY OF SACRAMENTO COMMUNITY RESOURCES
FAMILY SHELTERS

Francis House Center (NEXT MOVE HOMELESS SERVICES)

1422 C Street Sacramento CA

PH: (916) 443-2646

Single parent Men and Women

Days of Operation: Monday, Tuesday, Thursday and Friday

Hours of Operation: 9:00 AM – 12:00 PM and 1:00 PM – 3:00 PM

- An 85-bed Family Shelter campus provides emergency shelter with intensive supportive services to homeless families with dependent children, including single fathers and males over the age of 14. Family Shelter is for families with minor children under the age of 18 years in their permanent custody.

Family Promise:

321 N 12th St, Sacramento, CA

PH: 916-443-3107

Single parent Men and Women

- 90 Day Program (Families ONLY), will accept boys 14+. Must have an income. Families are provided with private sleeping quarters as well as home cooked dinners. Each church hosts for a week at a time. The Day Center provides transportation to and from the host church and center for showers, and case management.

Sacramento Children's Home Crisis Nursery

4533 Pasadena Avenue, Sacramento CA & 6699 South Land Park Drive, Sacramento CA

Ph: 916-679-3600 or 916-394-2000

Youth ages 0 - 5 Emergency Overnight Shelter

- Single Parents experiencing any type of mental, financial or physical hardship, with infants, can bring children for emergency care or overnight sleeping. Children may stay up to 30 days. Each child has their own bed and is provided with all the essentials while they stay at the Nursery. This includes clothing and shoes, diapers and formula. The nursery provides nutritious homemade meals and snacks served family-style. Scheduled age-appropriate learning activities, playtime, mealtimes, and bedtime help structure the child's experience. The ultimate goal of their program is to keep families together and reduce the number of young children that enter into the foster care system.



CITY OF SACRAMENTO COMMUNITY RESOURCES
MENS SHELTERS

Union Gospel Mission (Men ONLY):

400 Bannon St, Sacramento, CA

Ph: 916-447-3268

Anyone needing help can receive: A hot shower, clean clothing, personal care items, nourishing meals, and safe shelter.

- Bed Sign Up: 5:30-6:P.M. 1ST COME 1ST SERVE
- Showers/shaves: Mon-Fri 9-11P.M. & Mon-Thurs 1-3P.M.
- Men's Drug & Alcohol Recovery Program – 9 Month Residential Program Intake Hours: M-Th 10:00-11:00am and 1:00-2:45pm

Associated Prison Ministries of California:

Ph: 916-581-0021

Transitional services for the incarcerated, formerly incarcerated, and families.

VOA Open Arms

1900 Point West Way #270, Sacramento, CA

Ph: (916) 451-1765 or (916) 451-1691

- Singles diagnosed as HIV-positive, or those who are living with AIDS, are eligible for this emergency housing facility which offers case management for life-skills training, health education, and permanent housing assessment and referrals to needed other services.
- Must receive referral by doctor
- Must have Tuberculosis test, proof of viral illness, and homeless certification

Volunteers of America A Street Shelter (Men ONLY):

1400 A St. Sacramento CA

Ph: 916-448-5507

Hours: 8 P.M. - 6A.M. *Call for waitlist*

- As many as 90 consecutive days of food, shelter and referral services are provided to homeless men. Eighty beds are available for men who are seeking long-term stability and referrals to housing programs within Volunteers of America's continuum of care, as well as to partner agencies, are available.



CITY OF SACRAMENTO COMMUNITY RESOURCES **DOMESTIC VIOLENCE SHELTERS**

My Sisters House:

Intake Office: 3053 Freeport Blvd #120, Sacramento, CA

Ph: 916-930-0626

24HR Multilingual Help Line 916-428-3271

13 beds/ 30 day shelter

- Safe haven and transitional house for Asian and Pacific Islander women and children impacted by domestic violence and human trafficking; Women to Work Program is for domestic violence survivors of all ethnicities. Must call 916-428-3271 for assessment.

VOA Open Arms

1900 Point West Way #270, Sacramento, CA

Ph: (916) 451-1765 or (916) 451-1691

- Singles diagnosed as HIV-positive, or those who are living with AIDS, are eligible for this emergency housing facility which offers case management for life-skills training, health education, and permanent housing assessment and referrals to needed other services.
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- Must have Tuberculosis test, proof of viral illness, and homeless certification

WEAVE Safehouse:

Intake Office: 1900 K St. / 7600 Hospital Dr. Suite 1, Sacramento CA

24HR Crisis Line 916-920-2952

- Free walk-in triage assessment for abused and battered women & children. Crisis counseling, safe houses for women and children (programs and services are available for children). Can stay up to 2 years at a confidential location.

A Community for Peace: Harmony House, Citrus Heights

Confidential Location (Sacramento County)

24HR Crisis Line 916-728-7210

Women and children survivors of domestic violence referrals by police/ hospitals. Only those considered to be in imminent danger. Stay 2 - 3 days or case by case basis; 24/7 access.



CITY OF SACRAMENTO COMMUNITY RESOURCES
PREGNANT WOMEN AND YOUTH

WIND Youth Emergency Shelter:

815 S St Sacramento, CA 95811

24-Hour Shelter Line: (916) 628-1492

SuTonya Lopez, Executive Director: Sutonya@windyouth.org

Hours of Operation: Monday-Sunday: 8:30 am - 4:00 pm

Adolescent Shelter – for youth ages 12-17 (18 and IN high school ok): Intakes and Emergency Shelter Line: (916) 628-1492

Transition Age Youth (TAY) Shelter (for young adults 18-24): For intake information please call the Wind Drop-in Center and ask about the TAY Shelter: 916-561-4900

- Wind Youth Services provides two temporary, low barrier, emergency overnight shelters for youth ages 12-18 and 18-24. Services / Environment resources include Hot Meals 365 days a year, Counseling, Case management, Life skills development, LGBTQ+ affirming, Personal safety, Pet friendly, Physical and mental health, Vital documents, Stable housing, Crisis management, School enrollment and support, Organized group activities, Safe & non-Judgmental.

WIND Transitional Housing Program:

815 S St Sacramento, CA 95811

Ph: 916-561-4900

Hours of Operation: Monday-Sunday: 8:30 am - 4:00 pm

- The Doorway: A two-year rapid re-housing program for 18-24 year-olds, where youth pay a portion of their income to rent. Youth live independently in their own apartments and have intensive support from a case manager. There is often a waiting list for these programs, but if you would like more information on our housing programs, please contact us at info@windyouth.org



CITY OF SACRAMENTO COMMUNITY RESOURCES
PREGNANT WOMEN AND YOUTH (CONT.)

Sacramento Children's Home Crisis Nursery

Youth ages 0 - 5 Emergency Overnight Shelter

4533 Pasadena Avenue, Sacramento CA & 6699 South Land Park Drive, Sacramento CA

Ph: 916-679-3600 or 916-394-2000

- Single Parents experiencing type of mental, financial or physical hardship, with infants, can bring children for emergency care or overnight sleeping. Children may stay up to 30 days. Each child has their own bed and is provided with all the essentials while they stay at the Nursery. This includes clothing and shoes, diapers and formula. The nursery provides nutritious homemade meals and snacks served family-style. Scheduled age-appropriate learning activities, playtime, mealtimes, and bedtime help structure the child's experience. The ultimate goal of their program is to keep families together and reduce the number of young children that enter into the foster care system.

Bishop Gallegos Maternity Home, South Sacramento.

(Confidential Location)

Ph: 916-395-9370 ask for Lenore Mullarkey

- If you are in an unplanned pregnancy, in need of shelter and care, Bishop Gallegos has two houses, with 12 beds (10 private bedrooms), 4.5 bathrooms, 2 kitchens, a large dining room, 2 living rooms, central heat and air, and laundry facilities. Two employees live on premises to provide support 24 hours a day, 7 days a week. Clients have access to a stocked refrigerator and pantry to prepare their own breakfast and lunch. Dinner is a shared meal with all residents. BGMH also has two large passenger vans to transport the women and their infants to doctor appointments, housing appointments, child visits, and work.

Associated Prison Ministries of California:

Ph: 916-581-0021

Transitional services for the incarcerated, formerly incarcerated, and families.



CITY OF SACRAMENTO COMMUNITY RESOURCES
MOTEL VOUCHER PROGRAMS

The Department of Human Assistance:

Families with children who are in need of homeless assistance and qualify for CalWorks may receive motel vouchers once per year for 12-13 days, totaling not to exceed more than \$1200.00. Payments processed via check directly to the recipient every four days. Please visit your local DHA office for more information:

- North Research- 3960 Research Drive, Sacramento CA, 95838
- North Highlands- 5747 Watt Ave, North Highlands, CA 95660
- Central Fulton- 2700 Fulton Ave, Sacramento, CA 95821
- Rancho Cordova- 10013 Folsom Blvd, Rancho Cordova, CA 95827
- South Susie Gaines Mitchell- 2450 Florin Rd, Sacramento, CA 95822
- Galt- 210 North Lincoln Way, Galt, CA 95632

The Salvation Army:

Ph: 916-678-4057

Motel vouchers are available once per year and eligibility is based on need, place of residence, income and hardship of individuals or families. Call the Family Services office for intake, no walk-ins accepted. It is recommended to call at 8 am or as early as possible. If the voicemail is full try again later that day or the following day.

Traveler's Aid:

Ph:916-339-9646

Provides motel vouchers to homeless families with minor children in crisis. Must have a monthly income. Telephone only, no walk-ins.



CITY OF SACRAMENTO COMMUNITY RESOURCES
TREATMENT AND DETOX CENTERS

BAART Programs:

Opioid Addiction Treatment Center(s)

301 Harris Ave suite A Sacramento CA

Ph: 916-649-6793

6127 Fair Oaks Blvd. Sacramento CA

Ph: 916-974-8090

- Provides medication assisted treatment on demand, with a caring and compassionate staff.

MedMark Treatment Centers:

Opioid Addiction Treatment Center

7240 East Southgate Dr. Suite G Sacramento CA

Ph:916-391-4293

- MedMark Treatment Centers Program offers the following services: Methadone Maintenance, Buprenorphine Maintenance ,Supervised Methadone & Buprenorphine Withdrawal/Detoxification, Individual Counseling, Pregnancy Treatment Program Guest Dosing Program, Case Management Services.

Sacramento Recovery and Detox Center :

Opioid and Alcohol Addiction Treatment Center

2801 Aramon Dr, Rancho Cordova, CA

Ph: 916.364.7660

(Veteran Women and Men ONLY)

- 12 bed , 6 day, residential detox center for Veterans. Referrals can be made by calling or visiting a VA Hospital and calling from there. Meals, shower and lodging provided . While in detox the client is not allowed to leave the facility or have cell phone usage.

Panacea Services Inc

Outpatient Substance Abuse Treatment Center

3353 Bradshaw Road, Suite 106 Sacramento, CA

Ph: (916) 854-4564

- Panacea Services Inc provides Intensive Outpatient Substance Abuse Treatment, Anger Management, Life Skills, Gang Interventions & Support and a variety of other services.



CITY OF SACRAMENTO COMMUNITY RESOURCES
TREATMENT AND DETOX CENTERS (CONT.)

National Council on Alcohol and Drug Department

2143 Hurley Way, Suite 101 Sacramento, CA

Ph: (916) 922-5121

- National Council on Alcohol and Drug Department Treatment Options Intensive Outpatient Treatment: Provided 4 days per week, 3 hours per day with morning and afternoon options. This program is designed for consumers to stay in the program for 3-6 months. Perinatal Program for pregnant and parenting women. They have a beautifully appointed nursery and play care for infants and children with an outdoor .. see more

Bridges Outpatient Services

Unisex Drug and Alcohol Treatment Center

3600 Power Inn Road Sacramento, CA - 95826

Ph:(916) 450-0700

- Bridges Professional Treatment Services offers drug and alcohol treatment which includes residential treatment, outpatient treatment, transitional living, and individual counseling.

Sacramento Recovery House INC.

Mens Substance Abuse treatment Center

4049 Miller Way Sacramento, CA - 95817

Ph: (916) 451-9312

- Sacramento Recovery House Inc. is a place where adults recovering from the disease of addiction can continue aftercare in a safe place. The Men's program is a 17 bed facility that provides either 30, 60 or 90 day structured live-in programs. To be admitted to the men's program you must have 72 hours without use of drugs and/or alcohol. You will be required to obtain a current TB test and be free of any alcoholic or epileptic seizures.

CORE Medical Clinic

Methadone Reduction Clinic

2100 Capitol Avenue Sacramento, CA

Ph: (916) 442-4985

- CORE Medical Clinic offers short-term programs utilizing methadone in decreasing doses over a 3 week period. This program is appropriate for those seeking treatment for the first time or for short-term users. This program includes two individual counseling sessions, limited medical services and amino acids and vitamins while withdrawing.



CITY OF SACRAMENTO COMMUNITY RESOURCES
MENTAL HEALTH PROGRAMS

Guest House (El Hogar):

Ph:916-440-1500

Address: 600 Bercut Dr. Sacramento CA

- Orientation and triage on Tues & Wed at 10A.M. and Thursday at 1PM. Mental health evaluation, medication (if needed), and SSI application. Connections Lounge (Mon-Fri 9A.M.-3P.M.) drop in day center for mental health services.

Sacramento County Mental Health Services:

Address: 2150 Stockton Blvd.Sacramento CA

24HR Hotline 916-875-1000

Crisis Line 916-732-3637

Adult Services 916-875-1055

Children's Services 916-875-9980

Gifted Healing Center:

Address: 2251 Florin Rd. suite 133, Sacramento CA

Ph: 916-706-2269

- Substance abuse, out-patient treatment, and inpatient for men & women. Sliding scale payments or court order clients.

NAMI Sacramento:

Address:3440 Viking Dr. Suite 125

Ph: 916-364-1642

- Support for individuals coping with mental illness and their families. Offering crisis help, support groups, NAMI educational courses, and an extensive list of resources.

Mental Health Crisis Center: 916-732-3637

Minor Emergency Response Center: 916-875-1113 / 916-875-1114



CITY OF SACRAMENTO COMMUNITY RESOURCES
COUNSELING PROGRAMS

Community for Peace:

Ph: 916-728-5613 6060

Sunrise Vista Dr. suite 2340

Mon-Wed 9:30AM - 5PM, Thurs 9:30AM - 7PM, Fri 10AM - 2PM

Harmony House

Crisis Line: 916-728-7210

Wellspace Health Counseling:

Ph:916-368-3080 Mon-Fri 8AM - 5PM

Scale fee, A&D counseling, group counseling, and HIV test by appointment.

Community Against Sexual Harm (CASH):

Ph: 916-856-2900

Help for trafficked and sexually exploited women. Peer Support & Harm Reduction.



CITY OF SACRAMENTO COMMUNITY RESOURCES
MEDICAL AND HIV/AIDS SERVICES

Harm Reduction Services:

Ph:916-456-4849 Mon-Fri 12-6P.M. (walk-ins)
Address: 2800 Stockton Blvd. Sacramento CA

Free Medical Clinic

3647 40th St. Sacramento CA (most Saturdays 12-5P.M.)
Sign up at 12P.M. at Free women's clinic 8A.M.-12P.M. on the last Saturday of the month.

Golden Rule Services:

Ph: 916-427-4653
4433 Florin Rd. suite 760, Sacramento CA
Mon-Fri 9A.M.-5P.M. (Appointments & walk ins are welcomed).
Free HIV, STD & HEP C testing, needle exchange, condom distribution, and HIV prevention.

One Community Care:

Ph: 916-443-3299
Address: 1500 21st Street Sacramento CA
Provide HIV services, ensuring continued health care to patients after testing positive for HIV.

Willow Medical Clinic:

Ph:916-572-4502
1200 N. B St. Sacramento CA
Medical help every Sat 8:30A.M.-12P.M., for homeless & uninsured, first come first served.
(Current TB card required)